

Dear Residents, Family, and Friends,

We want to assure you that we are taking measures to protect the health and safety of everyone who lives and works in our assisted living communities. The spread of the COVID-19 virus is an evolving situation, and we are working closely with the Colorado Department of Public Health and Environment (CDPHE) and other government agencies to stay up to date on recommendations for infection control. Recent information from CDPHE states that there is community spread of this virus in Colorado, and we are taking immediate measures in response.

Everyday Preventative Actions (EPAs) are the most important steps we can all take to slow the spread of this virus. You can help us protect our communities by following this list of proactive steps:

- **Handwashing remains the No. 1 defense against illness. Please wash hands often with soap and water.**
- **Avoid touching eyes, nose, or mouth with unwashed hands.**
- **Avoid close contact with people who are sick.**
- **Stay away from other people if you become sick with respiratory symptoms like a cough or fever.**
- **Cover your cough or sneeze with a tissue or your elbow, and wash hands after coughing or sneezing.**
- **Communicate all health concerns to your caregiver and your physician.**

To keep community exposure to a minimum, we are limiting visitors in our assisted living residences. Visitors who are essential to the medical needs of our residents may continue to come to the building. Deliveries of food, medications, and other necessities will also be allowed, and we've coordinated with our vendors to reduce foot traffic in the building. Non-essential visitors will be asked to reschedule. Please check with the Administrator or another supervisor if you have questions about inviting someone into the building. Any visitors who are exhibiting signs or symptoms of respiratory illness will be restricted from the residence.

Please be assured that you will still have full access to state health officials and your local Ombudsman. If you need contact information for those agencies, they are posted in the facility as well as available from any staff member.

We are rescheduling any planned outings and activities until further notice. Updated activities calendars will be posted within the next few business days.

We want you to feel confident about the safety of your home. We have upgraded our cleaning supplies to include cleaning solutions with chemical properties that are effective against Norovirus as well as COVID-19. We have notified our maintenance and housekeeping staff to enhance our cleaning procedures in the interest of everyone's health and safety. **We urge everyone to continue to be vigilant about hand hygiene and cough etiquette.**

Thank you for your understanding and patience. Please reach out if you have any questions, concerns, or comments.