

September 2020 Battlement Mesa, Colorado

## Resident Profile: Sandy Stein



We would like to thank the community for their continued support of Mesa Vista during these challenging times: donations of PPE supplies, craft supplies, DVDs and new games are some of the things that have come to us just recently.

Special thanks to the Kitchen Help Group for their ongoing work, which included delivering fresh fruit, BBQ beef brisket, pasta salad, potato salad, fruit salad, chips, cake and beverages for all of our residents.

We really appreciate everyone thinking of us and what everyone has been doing for us!

Sandy was born in Salem, Oregon and grew up in Harlan, OR. "It was just a small area, with no stores or doctors. There was an elementary school which I attended. When it was time to go to high school, we were bussed 35 miles to Eddyville High, which is on highway 20 towards Newport."

"I thought growing up in that area was great. My brother Gene is 2 ½ years younger and we'd do the usual kids stuff, hiking around and swimming in Big Elk Creek. My dad was a logger and my mom was a school bus driver. She drove the first of three busses we had to take each day to get to Eddyville for school.

"I had a good time in high school. My parents took us to all the school events. My favorite subject was history, particularly ancient history, Romans and Greeks. I graduated in 1959 and I'm still in touch with some of the friends I had there.

"In 1960 I enrolled in Oregon State University in Corvallis. That was a big change for a small-town country girl. I met my husband Dave there in 1961, and we married in 1962. We had 2 girls, Sherry and Shelly. We moved around a lot: we lived in Salem for awhile, then moved to Nampa, Idaho, then to California, Alaska and back to California.

"Alaska was great, but I think California was my favorite. We lived about 35 miles south of Los Angeles. Dave and I eventually parted. I stayed in California until my girls both graduated from college, then I returned to Salem, where I was born. My mom lived nearby. I worked as an agent for a construction company. I retired in the early 70's."

Sandy has done quite a bit of volunteer work over the years. When she was in Alaska, she volunteered as a teacher's aide at her daughters' elementary school. In Oregon she volunteered as an office coordinator for Marion County. Back in California she joined a horse-riding group and taught kids about horses and how to ride.

Sandy loves horseback riding. "We did it a lot. My husband and I both had our own horses," she recalled. Sandy is also a big dog-lover. "I've always had dogs, from the time I was a kid. German Shepherds were my favorite. Some dogs I adopted from shelters. Now I have Sadie, a small dog I rescued from a shelter," she said.

Sandy has been living at Mesa Vista since May of last year. "It's just good," she said, "I've made friends here, and Shelly lives right nearby."



Labor Day is a national holiday in the US, taking place on the first Monday of September. Labor Day celebrates the contributions that workers and organized labor have made to the development of the country.

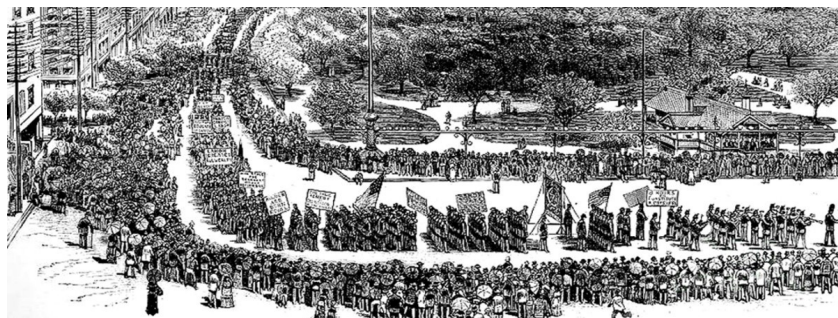
As the Industrial Revolution reached its peak in the late 19<sup>th</sup> century, many Americans worked 12 hours a day, 7 days a week, in physically demanding, low paying jobs. Children as young as 5 or 6 worked in factories and mines across the country, earning a fraction of what their adult counterparts were paid. People of all ages, often poor or recent immigrants, faced extremely unsafe working conditions, with insufficient access to fresh air or sanitary facilities.

As manufacturing and mining jobs increased in importance over farming, labor unions, which had first appeared in the late 1700's, grew and became more vocal. Unions began organizing strikes and rallies to protest poor conditions and compel employers to renegotiate hours and pay. Many of these events turned violent.

In 1882, thousands of workers in New York City took unpaid time off to hold the first Labor Day parade in the US. The idea of a special holiday recognizing workers spread to other major cities across the country, and some states passed laws recognizing one. Strikes and violence continued, but progress was being made. Finally, in June of 1894, President Grover Cleveland signed legislation making Labor Day a federal holiday.

Labor Day weekend has become a holiday symbolic of the end of summer in the US. Many schools commence their year right after Labor Day (although in this area most now start earlier). Picnics and backyard barbecues have become a popular tradition for many, with larger cities often hosting fireworks displays and concerts to celebrate the American worker.

*19th century Labor Day parade*



# *Lest We Forget*

## *History of the Grand Valley*

### *BATTLEMENT MESA*

In 1885. Dr. C. L. Hayward and his wife. Minnie, who was a sister of Ben and Nels Good, also came to the Mesa from Maine, and were cordially welcomed, not only by the people on Battlement Mesa but by the whole area, as now the community had a real doctor, whose services were sorely needed in this new land. Dr. Hayward was a nice, kind person as well as a good doctor; and his wife was an asset to him in many ways in his practice, especially in caring for new babies and the new mothers. The Haywards owned and improved several different places on Battlement Mesa and Wallace Creek and it has often been said "You can always tell where Dr. Hayward has lived as there are shade trees, roses, and an orchard growing there."

Mr. William Duplice, who was born and raised in Bangor, Maine. and had met and married a girl from Argyle, Wisconsin, decided to come west and in 1880 moved to New Castle, and eleven years later, 1891, came on down to Battlement Mesa where several other families from Maine had settled. The original name of the family was Duplisse but has always been spelled Duplice by the families here, except on the very early tombstones.

James Gardner, with his children Rollin O., James, and Harry came from Missouri in 1892, going first to the Collbran area, then over to this valley where he located what is known as the Dr. Hayward place near Pete and Bill Gulch, later settling on Battlement Mesa. Mr. Gardner's wife had died and he later married a Doby girl. The Doby family, too, had come from the East. The mother and father died early, but two boys, Joe and Jake, lived on the home place on Battlement Mesa until their deaths not many years ago.

R.O. Gardner married Belle Evens, who had come with her family from McCook,

Nebraska in 1894. The railroad had come through here by 1894, but the Evans family came with a wagon train of folks who wanted to bring their livestock, trailing them through to Battlement Mesa. Along the way they met and joined another wagon train in which the Sig Cox family was traveling. The Cox family settled on Parachute Creek.

*Mesa Vista News has received special permission to reprint excerpts from "Lest We Forget" written by **Erlene Durant Murray**. Her wonderful one-of-a-kind book, written in 1973, helps to preserve the history of the Grand Valley of Colorado. The book is available for purchase from the Grand Valley Historical Society, by calling Michelle Foster at (970) 285-7828.*



*Kay C. 9/1 Ida 9/2*  
*Darvin 9/22*  
*Jeny 9/30*

## **Adult Day Program**

***The Mesa Vista Adult Day Program is now  
certified to accept Medicaid***

Open Monday, Tuesday, Thursday and Friday, from 10 am until 4:30 pm. Members participate in a full schedule of activities, with snacks, soft drinks and coffee always available. A hot lunch is served daily.

***For further information call 970-285-1844***

## **Mesa Vista Assisted Living**

72 Sipprelle Drive, Parachute Colorado

(970) 285-1844 fax 970-285-6351

mesavista@seniorhousingoptions.org

[http://seniorhousingoptions.org/properties/  
mesa-vista/](http://seniorhousingoptions.org/properties/mesa-vista/)

Kathy Budau, Administrator

Jaymie Velasquez, Assistant Administrator, RSD

Michael Farrell, Activities Director, Adult Day  
Program Director, Editor





# September 2020



SUN	MON	TUE	WED	THU	FRI	SAT
		1 10:00 Morning Walk & Exercises 11:00 Wii Bowling 1:30 Bingo 3:00 Rummy <i>Happy Birthday Kay C.!</i>	2 10:00 Morning Walk & Exercises 11:00 B Ball 2:00 Instant Genius 3:00 <i>Smart Donkey Happy Birthday Ida!</i> Full Moon	3 10:00 Morning Walk & Exercises 11:00 Tai Chi 1:30 Bingo 3:30 Afternoon Drive	4 10:00 Morning Walk & Exercises 11:30 Bible Reading 1:30 Bingo 3:30 History of the West	5 10:00 <i>Vitals Clinic</i> 11:00 Reading with Allison 2:00 Rummy
6 11:00 Spiritual Reading 2:00 Rummy	7 10:00 Crafts with Deb 12:30 <i>Labor Day BBQ</i>	8 10:00 Morning Walk & Exercises 11:00 Wii Bowling 1:30 Bingo 3:30 Rummy	9 10:00 Morning Walk & Exercises 11:00 Bag It 2:00 Amazing Facts 3:30 YouTube Travel	10 10:00 Morning Walk & Exercises 11:00 Tai Chi 1:30 Bingo 3:30 Afternoon Drive	11 10:00 Morning Walk & Exercises 11:30 Bible Reading 1:30 Bingo 3:30 History of the West	12 10:00 Coffee Klatch 11:00 Reading with Allison 2:00 Rummy
13 11:00 Spiritual Reading 2:00 Rummy	14 10:00 Crafts with Deb 11:15 Ladder golf 2:00 Loteria 3:00 Wordsearch	15 10:00 Wii Bowling 11:00 Morning Walk & Exercises 1:30 Bingo 3:30 Rummy	16 10:00 Horseshoes 11:00 Morning Walk & Exercises 2:00 Instant Genius 3:30 <i>Smart Donkey</i>	17 10:00 Tai Chi 11:00 Morning Walk & Exercises 1:30 Bingo 3:30 Afternoon Drive	18 10:00 Bible Reading 11:00 Morning Walk & Exercises 1:30 Bingo 3:30 History of the West	19 10:00 Coffee Klatch 11:00 Reading with Allison 2:00 Rummy
20 11:00 Spiritual Reading 2:00 Rummy	21 10:00 Crafts with Deb 11:15 B Ball 2:00 Loteria 3:00 Hangman	22 10:00 Wii Bowling 11:00 Morning Walk & Exercises 1:30 Bingo 3:00 Rummy <i>Happy Birthday Darwin!</i> Fall Equinox	23 10:00 <i>Resident &amp; Food Council</i> 11:00 Morning Walk & Exercises 2:00 Amazing Facts 3:30 YouTube Travel	24 10:00 Tai Chi 11:00 Morning Walk & Exercises 1:30 Bingo 3:30 Afternoon Drive	25 10:00 Bible Reading 11:00 Morning Walk & Exercises 1:30 Bingo 3:30 History of the West	26 10:00 Coffee Klatch 11:00 Reading with Allison 2:00 Rummy
27 11:00 Spiritual Reading 2:00 Rummy	28 10:00 Crafts with Deb 11:15 Ladder golf 2:00 Loteria 3:00 Wordsearch	29 10:00 Wii Bowling 11:00 Morning Walk & Exercises 1:30 Bingo 3:30 Rummy	30 10:00 <i>Resident Boards &amp; Tree</i> 11:00 Morning Walk & Exercises 2:00 Instant Genius 3:00 <i>Smart Donkey Happy Birthday Jenyl!</i>			<i>Schedule is subject to Change</i>