Trans Resources

Helpful Organizations, Products, and Information



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Note: The OASOS Program does not endorse any of the listed websites or products. Links are provided for information only.

Trans Rights

National Center for Transgender Equality A national social justice organization devoted to ending discrimination and violence against transgender people through education and advocacy on national issues of importance to transgender people. www.transequality.org

Sylvia Rivera Law Project (SRLP)

SRLP works to guarantee that all people are free to self-determine their gender identity and expression, regardless of income or race and without facing harassment, discrimination, or violence. SRLP seeks to increase the political voice and visibility of low-income people and people of color who are transgender, intersex, or gender non-conforming. SRLP works to improve access to respectful and affirming social, health, and legal services for our communities. We believe that in order to create meaningful political participation and leadership, we must have access to basic means of survival and safety from violence. www.srlp.org/

The Transgender Law Center (TLC)

TLC is a civil rights organization advocating for transgender communities. TLC connects transgender people and their families to technically sound and culturally competent legal services and works to change laws and systems that fail to incorporate the needs and experiences of transgender people.

www.transgenderlawcenter.org

Transgender Legal Defense and Education Fund Advocacy group for transgender rights. <u>http://transgenderlegal.org/</u>

Coming Out As Transgender

American Psychological Association

This brochure, "Answers to Your Questions About Transgender Individuals and Gender Identity," addresses definitions, mental health issues, discrimination, resources for family members, and more.

www.apa.org/topics/sexuality/transgender.pdf

The Human Rights Campaign

Comprehensive guide about coming out as a transgender person. The guide discusses making a coming-out plan, how to decide if it's time to tell, and information about sex reassignment surgery.

www.hrc.org/documents/transgender visibility guide pdf

PFLAG

Quick guide to coming out to your family, friends, and the children in your life. http://www.pflag.org/fileadmin/user_upload/TNET/Coming_Out_Trans.pdf

Spiritual & Religious Support

Religious Dispatches. Transgender and Christian: Finding Identity <u>http://www.religiondispatches.org/archive/sexandgender/1803/transgender_and_christian</u> <u>%3A_finding_identity</u>

The Trans Faith Network

Support and resources for transgender and gender non-conforming folks in their pursuit of health and wholeness by nurturing the expression of diverse, gender-affirming spirituality. <u>www.transfaithonline.org</u>

Trans Men

Trans Guys

Information about transitioning, including product reviews, information on testosterone, information about surgeons, etc.

www.transguys.com

Binders & Prostheses

The BNO Binder Project

The Binder Project is specific to Colorado and encourages FTMs to donate their old binders following chest surgery so FTMs on limited income and trans youth can make use of them. <u>http://binders.thambos.org</u>

Camouflage Penile Prosthetics

Sells products specifically for FTMs that are made by a professional prosthetist. <u>www.ftmprosthetics.com</u>

Mango Products

This site features penile prostheses for packing, urinating, and having sex, as well as cotton harnesses for holding the prosthesis. Designed specifically for FTMs, including those who have had genital surgery, who need assistance to urinate. www.mangoproducts.net

T-Kingdom

Tops and vests to help flatten chests. Designed specifically for tomboys, butches, and FTMs. <u>www.t-kingdom.com</u>

Trans Women

TransgenderCare Contains information regarding many aspects of MTF transition. <u>www.transgendercare.com/</u>

Hair Removal, Voice, & Breast Forms

TransGenderCare Electrolysis Guide Tampa Gender Identity Program's guide to hair removal. Includes detailed explanation of temporary and permanent methods of hair removal, an explanation of how electrolysis works, and tips for choosing an electrologist. <u>www.transgendercare.com/electrolysis</u>

Transsexual Road Map

Tips for physical modifications for trans women, including hair removal, voice, and breast forms, and advice on self-acceptance and emotional and mental well-being. www.tsroadmap.com

Transsexual Voice

Recordings of transsexual women's voices, articles and tips for voice therapy, and explanation of voice physiology. Includes links to a Yahoo group and a live voice chat to practice talking with other transsexual women.

www.tsvoice.com

Underwork Seller of breast forms and shaping garments. www.underworks.com/bras/

Healthcare, Hormones & Surgery

Trans-Health.com Contains information on a variety of health topics for transgendered people, including hormones and surgery for both MTF and FTM. <u>www.trans-health.com</u>

The UCSF Center of Excellence for Transgender Health (CoE)

The mission of the CoE is to increase access to comprehensive, effective, and affirming health care services for trans and gender variant communities.

http://transhealth.ucsf.edu/trans?page=ab-00-00

Vancouver Coastal Health PDF documents on hormones and surgery for both MTF and FTM. Go to "Consumer Information" section.

http://transhealth.vch.ca/resources/library/

For Interventionists & Therapists

The American Medical Student Association Links to health information specifically for transgender people, including primary care, mental health, hormone therapy, and surgical care. www.amsa.org/AMSA/Homepage/About/Committees/GenderandSexuality/TransgenderHe althCare.aspx

National Association on Mental Illness (NAMI) Guides and fact sheets about transgender and LBGT mental health resources. www.nami.org/Content/NavigationMenu/Find_Support/Multicultural_Support/Resources/ GLBT_Resources.htm

Tom Wadell Model Standards of Care A harm reduction model for the standards of care for transgender people. www.sfdph.org/dph/comupg/oservices/medSvs/hlthCtrs/TransGendprotocols122006.pdf

Transgender Soul Information and resources for professionals working with transgender clients. www.transgendersoul.com/page30/page26/Healthcare.html

Vancouver Coastal Health

Caring for Transgender Adolescents in BC: Suggested Guideline, Clinical Management of Gender Dysphoria in Adolescents <u>http://transhealth.vch.ca/resources/library/tcpdocs/guidelines-adolescent.pdf</u>

World Professional Association of Transgender Health SOC

The most widely used model for the standards of care for transgender people. This was formerly called the Harry Benjamin International Gender Dysphoria Association. <u>www.wpath.org/documents2/socv6.pdf</u>

Advocacy in Schools

Bending the Mold: An Action Kit for Transgender Students http://data.lambdalegal.org/publications/downloads/btm_bending-the-mold.pdf

Bending the Mold: An Action Kit for Transgender Students http://data.lambdalegal.org/publications/downloads/btm_bending-the-mold.pdf Boulder Valley Safe Schools Coalition http://bouldersafeschools.org/

Gender Spectrum Information about school-based trainings, educational policy, the experience of gender nonconforming students, and general school resources. <u>www.genderspectrum.org/resources</u>

GSA Network Empowering youth activists to fight homophobia and trans-phobia in schools. http://gsanetwork.org/get-involved/change-your-school

St. Vrain Valley Safe Schools Coalition Please contact Melissa Marsh, OASOS Coordinator, at 303.413.7512, mmarsh@bouldercounty.org

Transgender Law Center A publication about gender identity in schools. www.transgenderlawcenter.org/pdf/beyond the binary.pdt

Employment

The Human Rights Campaign Tools and resources for employees and employers and information about discrimination and equal opportunity policies. www.hrc.org/issues/workplace/7204.htm

The University of Vermont Frequently asked questions for transgender job seekers. www.uvm.edu/~career/pdf/FAQtransjobseekers.pdf

For Families

The Family Acceptance Project

The only community research, intervention, education, and policy initiative that works to decrease major health and related risks for lesbian, gay, bisexual, and transgender (LGBT) youth, such as suicide, substance abuse, HIV, and homelessness – in the context of their families.

http://familyproject.sfsu.edu/

Gender Spectrum

Education, training, and support to help create a gender-sensitive and inclusive environment for all children and teens. www.genderspectrum.org/

PFLAG Transgender Network

A resource for friends and family of transgender youth. <u>http://community.pflag.org/Page.aspx?pid=380</u>

TransYouth Education and Support (TYES)

This local support group for gender variant children, youth, and their families provides opportunities for school age trans kids to socialize and be a part of an accepting community. Resources, education, and support are provided by the group based on the needs of each family. Contact TYES for information or about meeting times and location. http://www.tyes-coorado.org/ 720.443.7708

Trans Youth Family Allies Resources for parents of trans youth. www.imatyfa.org/

Changing Legal Documents

Name Change

18 years old and older, go to: <u>http://formfiles.justia.com/pdf/colorado/0364/40.pdf.</u> Younger than 18 years old, go to:

www.courts.state.co.us/Forms/PDF/JDF%20387%20Order%20for%20Change%20of%20Na me%20to%20Obtain%20Identity%20Related%20Documents.pdf.

Note: To change the gender designation on any of the following documents, you will need a letter from the surgeon who performed your gender-related surgery (top surgery, SRS, etc.) stating you have made a gender change OR the doctor who is overseeing your hormone therapy. The letter must be notarized (may be an additional cost). Some doctors may charge a nominal fee to prepare the letter.

Birth Certificate http://drbecky.com/birthcert.html

Driver's License

Note: It is not necessary to have legally changed your name in order to change your gender designation on your driver's license.

For instructions on how to change your gender marker on your driver's license, go to: www.tsroadmap.com/transgender-resources/colorado.html.

Passport

Note: Your passport will be "amended" on one of the pages. Your old name will still be listed.

For instructions on how to change your name and gender on your passport, go to: www.transequality.org/Resources/passports 2011.pdf.

Social Security Card

http://transequality.org/Issues/federal_documents.html

Community Support

OASOS

Periodically provides transgender specific groups. Weekly peer support groups for questioning, queer, intersex, pansexual, transgender, bisexual, lesbian, and gay youth, ages 13-20. Groups are confidential, free, and also FABULOUS! Free and confidential crisis intervention, referral, and support services also provided to LGBTIQ youth and adults in their lives. Call 303-678-6259 for more information. www.BoulderCountyOASOS.org

BETA NU OMEGA (Boulder & Denver)

Non-collegiate fraternity based in Denver/Boulder, Colorado. Group welcomes all who identity as FTM, genderqueer, transmasculine, two-spirit, intersex, questioning, or otherwise gender-diverse. Group meets several times a month at various times and locations. The goal of the group is to create community and brotherhood, make new friends, support each other, and have a lot of fun! An 18+ group. http://trans411.org/org/beta-nu-omega-ftm-fraternity

BNO Binder Project: Connecting Colorado Trans People with the Binders They Need This program aims to link trans youth with free, donated binders. http://binders.thambos.org/

Boulder Valley Safe Schools Coalition http://bouldersafeschools.org/

Colorado Anti-Violence Program (CAVP)

Provides direct services, including crisis intervention, information, and referrals for LGBTQ victims of violence 24 hours a day through a crisis line pager. Also helps arrange emergency needs, such as food, transportation, and emergency shelter for victims of violence. Metro Denver/Boulder: 303-852-5094

www.coavp.org/

The Colorado LGBT Center (Denver) Provides transgender support groups and events. www.glbtcolorado.org/Support TransgenderSupport.aspx

CU GLTBT Resource Center (Boulder)

Periodically runs transgender support groups. Organizes the Transforming Gender Symposium each April.

www.colorado.edu/glbtrc/

Gender Identity Center of Colorado (Denver)

Provides support to anyone gender variant in their gender identity and expression. Informational and educational resource to the community, including spouses, significant others, parents, and siblings.

www.gicofcolo.org/

OUT Boulder

LGBTQ Center of Boulder County. Occasionally offers transgender specific events. Please contact directly for more information.

www.outboulder.org/

PFLAG Boulder County

PFLAG Boulder County includes transgender persons in their mission of support, education, and advocacy. This organization is uniquely able to reach out to family members who have their own "transitioning" process when a family member is gender-variant. Parents who have been through this process are available to talk to trans persons about family issues and to parents about learning to accept and support their child.

PFLAG monthly meetings are 2nd Tuesdays of the month at 7 p.m. at the First United Methodist Church, 1421 Spruce St., Boulder.

info@pflagboulder.org

303.444.8164

St. Vrain Valley Safe Schools Coalition

Please contact Melissa Marsh, OASOS Coordinator, at 303.413.7512, mmarsh@bouldercounty.org

TransYouth Education and Support (TYES) (Locations varies)

This local support group for gender variant children, youth, and their families provides opportunities for school age trans kids to socialize and be a part of an accepting community.

Resources, education, and support are provided by the group based on the needs of each family. Contact TYES for information or about meeting times and location.

www.tyes-coorado.org/

720.443.7708

Two Spirit Society of Denver (Denver)

The term Two Spirit refers to another gender role believed to be common among most, if not all, first peoples of Turtle Island (North America), one that had a proper and accepted place within indigenous societies. The Two Spirit Society of Denver is non-profit organization comprised of a dedicated group of GBLT Native Americans and their partners in the Denver area who are united by their struggle to restore Two Spirited people to their rightful place in the sacred circle.

www.denvertwospirit.com

Books and Videos

Non-Fiction Books

Anthologies

 Au No Keia: Voices from Hawaii's Mahu and Transgender Communities – Andrew Matzner

Personal accounts from transgendered people of many ethnic backgrounds.

 Finding the Real Me: True Tales of Sex and Gender Diversity – Tracie O'Keefe and Katrina Fox

Transgender individuals talk about their personal experiences in this anthology.

 From the Inside Out: Radical Gender Transformation, FTM and Beyond* – Morty Diamond

Born female, yet not identifying with that gender assignment, these writers illuminate the experiences of those who identify as FTM, and those whose gender is more fluid, genderqueers, and thirdgenders.

 Genderqueer: Voices from Beyond the Sexual Binary* - Joan Nestle, Clare Howell, Riki Anne Wilchins

In this groundbreaking anthology, three experts in gender studies and politics navigate the rigid, societally imposed concepts of two genders to discover and illuminate the limitless possibilities of identity.

 Sexual Metamorphosis: An Anthology of Transsexual Memoirs – Jonathan Ames Fifteen selections from famous to less well-known transgender individuals.

Biographies and Memoirs

- As Nature Made Him: The Boy Who Was Raised as a Girl John Colapinto
 After a botched circumcision, Bruce was raised as a girl, creating a severe case of gender
 dysphoria as he grew up. Tragically, he committed suicide after the publication of this
 book.
- Becoming a Visible Man Jamison Green
 Transgender activist Green discusses the medical, social, and legal aspects of gender change within the context of his own experiences.
- Christine Jorgensen: A Personal Autobiography Christine Jorgensen
 Jorgensen shocked the world with her public male-to-female transition in the 1950s and
 went on to have a successful career in the entertainment industry.

- Crossing: A Memoir Deirdre McCloskey McCloskey reveals years of turmoil as a secret cross-dresser and the difficulties she was forced to endure when she came out as transsexual.
- Dear Sir or Madam: The Autobiography of a Female to Male Transsexual* Mark Rees
- Dress Codes: Of Three Girlhoods My Mother's My Father's and Mine Noelle Howey Howey was a teenager when she learned that her emotionally distant father liked to dress in women's clothes, and she recounts the family's struggles to adjust when he left and began to live as a woman.
- The Fabulous Sylvester: The Legend, the Music, the Seventies in San Francisco Joshua Gamson
 The gender-bending disco queen in all his glory.
- From Female to Male: The Life of Jack B. Garland Louis Sullivan
 Garland, born a female, was a well-known cross-dresser and self-identified male who lived in San Francisco from the late 1880s until his death in the 1930s.
- Gender Outlaw: On Men, Women, and the Rest of US Kate Bornstein Male-to-female transsexual Bornstein challenges the gender binary in this autobiography.
- Just Add Hormones: An Insider's Guide to the Transsexual Experience* Matt Kailey Matt Kailey guides his readers through the easy questions, the embarrassing situations, and the challenging change-of-life moments that are specific to his life but are common to many transsexual people.
- Passage Through Trinidad: Journal of Surgical Sex Change Claudine Griggs
 Griggs discusses her sex change from decision, through surgery, and beyond.
- Pleasures of a Tangled Life Jan Morris Autobiography of the travel writer and early transsexual.
- Sexile/ Sexilio Jaime Cortez
 Bilingual graphic memoir tells the story of a Cuban exile who first thinks he's gay, then realizes he's really transgendered.
- She's Not There: A Life in Two Genders Jennifer Finney Boylan
 With a good dose of humor, Boylan recounts her forty years in the wrong body, and her transition to the woman she is today.
- Suits Me: The Double Life of Billy Tipton Diane Wood Middlebrook
 Married and a father, Tipton performed on the jazz circuit for nearly 50 years, only to be revealed as a woman at death.

TransActions – Erica Zander

The memoir of a male-to-female transsexual who continues to live with her wife of thirty years.

 Whipping Girl: A Transsexual Woman on sexism and the Scapegoating of Femininity – Julia Serano

A collection of personal essays that debunk many of the myths and misconceptions about trans women, as well as the subject of gender in general.

Family Resources

• The Transgender Child: A Handbook for Families and Professionals – Stephanie Brill and Rachel Pepper

A helpful book for parents or professionals who interact with transgender or gender variant children and youth, from birth through college. The authors address such questions as:

- \circ What do you do when your toddler daughter's first sentence is that she's a boy?
- How can you explain this to your neighbors and family?
- How can parents advocate for their children in elementary schools?
- What are the current laws on the rights of transgender children?
- What do doctors specializing in gender variant children recommend?
- What about hormone blockers and surgery?
- What issues should your college-bound trans child be thinking about when selecting a school?
- What is gender anyway?
- Trans Family*

An anthology put out by PFLAG.

- Transforming Families: Real Stories of Transgendered loved ones* Mary Boenke
- Transparent: Love, Family, and Living the T with Transgender Teenagers* Cris Beam The author portrays the lives and struggles of four transgirls in L.A.

Historical

- How Sex Changed: A History of Transsexuality in the United States Joanne Meyerowitz Looking at transsexuals, famous and not so famous, the doctors performing or withholding the surgeries, and the liberation movements of recent decades.
- Monsieur d'Eon is a Woman: A Tale of Political Intrigue and Sexual Masquerade Gary Kates

D'On, a French diplomat, was declared to be female by Louis XVI, but was discovered to be male upon his death.

Neither Man Nor Woman: The Hijras of India – Serena Nanda
 A cultural study of the religious community of HIjaras, a group of voluntary eunuchs.

 Transgender Warriors: Making History from Joan of Arc to Dennis Rodman – Leslie Feinberg
 Feinberg takes a look at transgender issues and persons through history.

Photography

- Assume Nothing Rebecca Swan
 Stunning black-and-white photographs accompanied by brief interviews explore many different embodiments of gender.
- Body Alchemy: Transsexual Portraits* Loren Cameron A book of photography.
- The Drag King Book Volcano Del Lagrace
 Interviews and photos explore the world of the drag king.
- The Gender Frontier Mariette Pathy Allen
 Photographer Allen documents the lives of a number of transgender people who have chosen varying degrees of physical alteration in their quests to live authentically.
- The Phallus Palace: Female to Male Transsexuals Dean Kotula Photographs and essays chart the FTM experience.

Professional (See also Family)

- Health Care Without Shame: A Handbook for the Sexually Diverse and their Caregivers Dr. Charles Moser
- Principles of Transgender Medicine and Surgery Randi Ettner, Stan Monstrey, A. Evan Eyler

Aimed at medical and mental health professionals, this book covers such topics as primary care, hormone therapy, surgery, mental health, developmental issues, and fertility issues.

- Transgender Care: Recommended Guidelines, Practical Information, and Personal Accounts* – Gianna Israel and Donald Tarver
 By empowering clients to be well-informed medical consumers and by delivering care providers from the straitjacket of inadequate diagnostic standards ad stereotypes, this book sets out to transform the nature of transgender care.
- Transgender Emergence: Therapeutic Guidelines for Working with Gender-Variant People and their Families – Arlene Istar Lev This comprehensive book provides a clinical and theoretical overview of the issues facing transgendered/transsexual people and their families.

- Transition and Beyond: Observations on Gender Identity Reid Vanderburgh
 A point of reference for therapist working with transitioning clients. Topics include addiction and
 transitioning; workplace disclosure; what support looks like; learning the rules of a new gender
 role; what does post-transition look like; and fundamentalist transitioning.
- True Selves: Understanding Transsexualism- For Families, Coworkers, and Helping Professionals* – Mildred Brown and Chloe Ann Rounsley This classic resource offers valuable guidance for friends, families, coworkers, and professionals who are struggling to understand these people and their situations.

Transgender Rights (Including School and Work)

- Bending the Mold: An Action Kit for Transgender Youth* NYAC Lambda Legal
 This kit is designed to help navigate the world and make school a safer place. Includes
 action tools and information to help advocate for change.
- Transgender Equality: A Handbook for Activists and Policy Makers* Paisley Currah and Shannon Minter

This guide explores how to work toward a greater understanding of transgender issues in order to create a safer and more accepting society.

- Transgender Rights* Paisley Currah, Richard Juang, Shannon Minter
 Examining crucial topics like family law, employment policies, public health, economics, and grassroots organizing, Transgender Rights is an indispensable resource in the fight for the freedom and equality for those who cross gender boundaries.
- Transgender Workplace Diversity: Policy Tools, Training Issues and Communication Strategies for HR and Legal Professionals – Jillian Weiss A practical guide for transgender people and human resource professionals regarding transitioning on the job and the needs of transgender employees.
- Transsexual Workers: An Employer's Guide Janis Walworth
 Basic information on transsexuality for managers, with an emphasis on managing an
 employee's transition in the workplace.

General Non-Fiction

- The Apartheid of Sex: A Manifesto on the Freedom of Gender Martine Aliana Rothblatt Rothblatt argues that the limiting of gender expression to male and female based on biology is an artificial construction.
- Changing Ones: Third and Fourth Genders in Native North America Will Roscoe Combining individual stories with well-grounded research, Roscoe explores the role of the Native American berdache, known to exist in over 150 Native American tribes.

- Evolution's Rainbow: Diversity, Gender and Sexuality in Nature and People Joan Roughgarden
 Roughgarden explores the gender and sexual diversity found in humans and nature and examines the social barriers to acceptance of human diversity.
- Gender Outlaw: On Men, Women and the Rest of Us Kate Bornstein Hello Cruel World* – Kate Bornstein
- The Man in the Red Velvet Dress: Inside the World of Cross-Dressing JJ Allen Addressing a general audience, Allen explores a variety of reasons for male crossdressing and discusses different types of cross-dressers.
- Miss Vera's Cross-Dress For Success: A Resource Guide for Boys Who Want to Be Girls Veronica Vera Humorous and practical, this is an essential reference for the male cross-dresser.
- My Gender Workbook* Kate Bornstein
 From living without gender to thwarting the gender police, from uncoupling the sex/gender puzzle to finding out what you really think about yourself and other people, this is Kate Bornstein's guide to exploring the big G.
- Mother Camp: Female Impersonators in America Esther Newton
 Lesbian anthropologist Newton explores the inside world of the professional drag
 queen.
- The Riddle of Gender: Science, Activism, and Transgender Rights Deborah Rudacille Case histories, historical and scientific research, and interviews with activists inform Rudacill's even-handed look at the issues surrounding transgenderism.
- Sex Changes: The Politics of Transgenderism Patrick Califa-Rice
 Looking at the lives of transgender pioneers and present-day gender radicals, biology,
 feminism, and social construct, Califa-Rice challenges our notions of gender.
- Sexing the Body: Gender Politics and the Construction of Sexuality Anne Fausto-Sterling Considering medical, scientific, and social concepts of sex and gender, Fausto-Sterling convincingly argues that one's physical characteristics don't necessarily equate with one's gender.
- Sissies and Tomboys: Gender Nonconformity and Homosexual Childhood Matthew Rottnek

Questioning the diagnosis of gender identity disorder, this book posits what a gender queer childhood could be like without the attached stigmas.

- S/HE: Changing Sex and Changing Clothes* Claudine Griggs
 Through the examination of the experience of transsexuals, this book enhances
 understanding of how gender can and does function in powerful, complex, and subtle
 ways.
- Transmen and FTMs: Identities, Bodies, Genders, and Sexualities Jason Cromwell Writing as an insider and an anthropologist, Jason Cromwell presents the first in-depth examination of what it means to be a female-bodied trans person. Through extensive participant observation and open-ended interviews, "Transmen and FTMs" allows female-to-male transsexuals to speak for themselves and reveal aspects of female gender diversity that do not fit into the ready-made categories of male and female.
- Transsexuals: Candid Answers to Private Questions Gerald Ramsey
 Although a bit dated, Ramsey addresses many of the concerns and questions of the
 transgendered person and his or her family and friends.
- Uranian Worlds: A Guide to Alternative Sexuality in Science Fiction, Fantasy, and Horror Eric Garber and Lyn Paleo

Fiction Books

- A Girl Could Stand Up: A Novel Leslie Marshall
 When six-year-old Elray's parents are killed in an accident, her two uncles, Barkley and "Auntie Ajax," becomes her guardians.
- Best Transgender Erotica
 Twenty-some stories by writers of all genders.
- Boys Like Her: Transfiction
 Originally written as performance pieces, these stories explore the transgender experience.
- Branded T. Rosalyne Blumenstein
- Breakfast on Pluto Patrick McCabe
 Man Booker Prize finalist about a transvestite prostitute fathered by a Catholic priest and raised in foster care.
- Cheeky Angel Hiroyuki Nishimori
 A hard-of-hearing genie accidentally turns Megumi int a girl, but Megumi stays true to
 his male self in this graphic novel series.
- Choir Boy Charlie Anders
- A Civil Campaign Lois McMaster Bujold

This science fiction book in Bujold's Vorkosigan Saga is a romantic comedy. One of the plot lines involves a recently transitioned trans man who is navigating the complexities of legal and social gender issues (including inheritance and romance) in a society with strict traditional gender roles.

- Comitment Hour- James Alan Gardner
 In the village of Tober Cove, children change gender every year, but at twenty must choose one gender or another, or be banned from the community.
- The Danish Girl: A Novel David Ebershoff
 Novel based on the true story of Danish artist Einar Wegener who, with the support of
 his wife, became Lili Elbe.
- Dark Water's Embrace Stephen Leigh
 Can lesbian hermaphrodite Anais solve the problem of her people's falling birthrate and near extinction although she has been exiled.
- The Doctor: A Novel Patricia Duncker
 Based on the life of Dr. James Miranda Barry, a girl raised as a boy, who grew up to serve as a British Army physician.
- "Dragons in Manhattan" in Girl Goddess No. 9: Nine Stories
 Tuck, who lies with her lesbian mothers, discovers a surprising secret when she toes in search of her biological father.
- How Loathsome Tristan Cane and Ted Naifeh
 Graphic novel exploration of San Francisco's gender-queer culture.
- Kingston by Starlight: A Novel Christopher John Farley
 Based on the life of Anne Boney, a cross-dressing woman pirate who terrorized the seas with Calico Jack Rackham and Mary Read, another cross-dresser.
- The Last Report on the Miracles at Little No Horse Louise Edrich
 Father Damien Modeste has kept a surprising secret for many long years.
- Left Hand of Darkness Ursula Le Guin Genly Ai, an emissary from the Ekumen to the planet Gethen, discovers that the people are androgynies only taking on gendered characteristics during fertile periods, and with the ability to be either gender during those times.
- Luna* Julie Anne Peters

Fifteen-year-old Regan's life, which has always revolved around keeping her older brother Liam's transsexuality a secret, changes when Liam decides to start by first telling his family and friends that he is a girl that was born in a boy's body.

- Long Reign AC Britt
- Middlesex Jeffrey Eugenides

This remarkable family saga spans continents and generations as it tells the story of the intersexed Cal, who describes being born twice – once as a baby girl, and again as a teenaged boy.

- Mom I Need to Be a Girl Just Evelyn
- My Life as a Boy Kim Chernin
- Mantrapped Fay Weldon
 Neighbors Trisha and Peter's souls switch bodies on the stairs one day, posing major
 problems, especially for Peter's wife.
- Myra Breckinridge Gore Vidal
 The classic novel about transsexual Myra Brekinridge's quest for fame and fortune.
- Orlando: A Biography Viriginia Woolf
 Woolf's novel-length love letter to Vita Sackville-West features the gender Changing
 Orlando as Vita.
- Ranma ½ Romiko Takahashi
 Manga in which the main character changes gender every time he comes into contact with water.
- Sarah JT LeRoy
 In this gritty and explicit novel, twelve-year-old Sarah, son of a truck stop hooker, turns tricks himself, dressed as a girl.
- "The Secret of Life According to Aunt Gladys" In Dirty Laundry: Stories About Family Secrets

Randy discovers he has an Uncle George whom the family "doesn't talk about" and when George arrives for an unexpected visit, Randy discovers why.

- Sex and Other Changes David Nobbs
 A married couple both decide to change gender, get divorced, and then fall for each other again.
- Stone Butch Blues* Leslie Feinberg
- Flying Cups and Saucers: Gender Explorations in Science Fiction and Fantasy Debbie Notkin
- Tipping the Velvet Sarah Walters

Nancy Astley's passion for the cross-dressing performer Kitty Butler turns her life upside down.

Tom Boler – Daren King

Nine-year-old Tom's mother has fled and Tom ends up living with a gay male couple, one of whom dresses as a woman.

- Trans-Sister Radio Christopher Bohjalian
 Dana Stevens decides to transition from male to female shortly after starting a new relationship with a local school teacher, eliciting strong reactions from her and the community they live in.
- Trumpet Jackie Kay
 Jazz great Joss Moody has kept a secret from all but his wife, Millie.
- What Happened to Lani Garver Carol Plum-Ucci Lani refuses to be categorized as male or female, even if it means facing bigoted teenage violence.

Videos – Drama

- The Adventures of Priscilla, Queen of the Desert Stephan Elliot
 Two drag-queens and a transsexual contract to perform a drag show at a resort in the remote Australian desert.
- Boys Don't Cry Kimberly Pierce
 Fictionalized account of the Brandon Teena story.
- La Cage aux Folles Eduoard Molinaro
 French with English subtitles. At their son's request, a gay couple pretends to be a straight couple when meeting their prospective in-laws.
- The Crying Game Neil Jordan
 Fergus goes to London and forms a relationship with the transvestite lover of a British soldier he was forced to kill.
- Different for Girls Richard Spence
 Karl, now Kim, meets up with an old school friend, and they unexpectedly fall in love.
- Dog Day Afternoon Sidney Lumet Inept bank robbers, needing money to fund a sex-change operation, turn a simple heist into a media circus.
- Flawless Joel Shumacher
 After suffering a stroke, homophobic Walter Koontz gets through a rough spot by taking voices lessons from his drag queen neighbor.

- Hedwig and the Angry Inch John Mitchell
 The tale of a flamboyant transgender German rock-diva seeking love and stardom in her new home in a trailer park in Kansas.
- In Einem Jahr mit 13 Monden/ In a Year with 13 Moons Rainer Fassbinder German with English subtitles. A young German man has sex change surgery and finds a new outlook on life.
- Ma Vie en Rose/ My Life in Pink Alain Berliner
 French with English subtitles. Ludovic believes he was meant to be a little girl, and that the mistake will soon be corrected.
- Peking Opera Blues Tsui Hark
 Cantonese and Mandarin with English subtitles. Three women posing as male opera singers attempt to foil a plot in 1920's China.

Videos – Documentary

- Adventures in the Gender Trade Susan Marenco
 Kate Bornstein and others discuss why they refuse to be categorized as male or female.
- The Brandon Teena Story* Susan Muska and Greta Olafsdottir Documentary about Brandon Teena, a transgendered youth, who was murdered along with two others in 1993 in rural Nebraska.
- Faces and Facets of Transgender Experience* Gus Spheeris and Carol Christenson Eighteen people and their families in the Boulder and Denver area share touching stories about the journey from despair, to loss, to the joy of being the gender they were meant to be.
- Georgie Girl Annie Goldson and Peter Wells
 Chronicles the change of George into Georgina Beyer, who went on to win a seat in the New Zealand Parliament as an out transwoman.
- Hermaphrodites Speak!
 Eight intersex people share their experiences.
- Metamorphosis: Man into Woman Lisa Leeman
 Documentary about one individual's quest for a sex change.
- Southern Comfort Kate Davis
 Looks at the life and experiences of Robert Eads, a 52-year-old cowboy who was born female.
- Transgender Revolution Kate Davis and David Heilbroner

Presents the stories of a number of transgender people who struggled to define and accept their gender identity.

- Just Call Me Kade* Sam Zolten (Documentary)
 A documentary following the course of a teenager's transition from female to male over the course of two years.
- Safe "T" Lessons: HIV Prevention for the Transgender Community (1996)
- Transamerica* (2006)
- Transgeneration* (2005)

*Books and videos currently in the OASOS library.