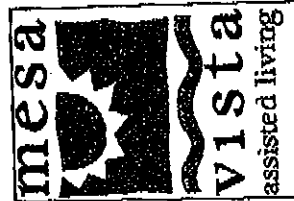


Mesa Vista News

February birthday wishes  
to Betty Henson, Opal  
Ellsbury, and Fern  
Brethower



By Mesa Vista Assisted Living Residence Activity  
Director Kathy Germano

We had a fairly mild January and managed to get to the Rifle Senior Center for a wonderful lunch and social time. We are having lunch at the Parachute Valley Senior Center on Feb. 15.

We are so fortunate to have such an active student body in our community. We enjoyed a surprise piano concert by one of our middle school students, Chase Church, and we hope he will visit and perform again. The middle school honor club visited on Feb. 8 and the high school leadership club brought Valentines for the residents on Feb. 14.

Dianne Dayhoff's tating class was well received and she hopes to have more craft learning classes in the future. If anyone has any ideas or interest in a particular class you may reach her at 283-5190.

Our entertainment this month was a piano performance by Bob Thon from Grand Junction on Feb. 7.

Mesa Vista will be hosting a special diabetic nail clinic every month. We have had a great need for this in the community and are so pleased that Comfort Keepers is sponsoring this service. A registered nurse will be here the third Thursday of every month from 1-4 p.m. The cost is \$25 and everyone is welcome. Reservations can be made at 241-8818.

Celebrating birthdays in February are Betty Henson on Feb. 3, Opal Ellsbury on Feb. 22, and Fern Brethower on Feb. 27. We wish you all a very happy birthday!

I am sure that March will bring thoughts of preparing our garden. Daylight sav-



Mesa Vista residents from left, Shirley Barr, Carolyn Thornton, Louise Meno, Muriel Stewart, and Marcelle Church. Photo courtesy of Mesa Vista

ings time and longer days will be welcomed. Spring is just around the corner! We hope you have a wonderful month and feel free to visit us anytime.

*Mesa Vista Assisted Living Residence in Parachute/Battlement Mesa is part of the Senior Housing Options network of residences and apartments providing housing for older adults in Colorado.*