



Mesa Vista News

A busy start to summer at Mesa Vista

By Kathy Germano, Mesa Vista Assisted Living Residence activity director

MID JUNE - MID JULY 2012

May was a fun month at Mesa Vista. Mother's Day was celebrated with a vintage hat tea party and Memorial Day saw a barbecue with all of the fixings. Several residents went four wheeling with the help of Lou Church at the Churches ranch in DeBeque and everyone shared a salmon lunch.

June is just as busy, with many activities planned. On June 6 there was a picnic at Cottonwood Park. June 12 was a trip to Fruita to visit the Dinosaur Journey Museum, and June 22 will see a picnic at Rifle Falls with a group from Crossroads Assisted Living in Rifle. Residents will be joining their senior friends at the Parachute Valley Senior Center for lunch on June 27.

And here at Mesa Vista, the flower garden is in full bloom and the vegetables are flourishing.

Mesa Vista is hosting an informational presentation given by AARP ElderWatch Foundation Ambassador JoAnn Quade on June 19 at 2 p.m. JoAnn will be giving a talk about the financial exploitation of older Coloradans. The community is welcomed to join us for this presentation.

Here's to a summer of fun for all.

Mesa Vista Assisted Living Residence in Parachute/Battlement Mesa is part of the Senior Housing Options network of residences and apartments providing housing for older adults in Colorado.