

WINTER 2011

## UPCOMING EVENTS

- **Live Nativity Scene at Beasley Park: Friday 12/2 6:30 pm**
- **4-H holiday decorating Party: 12/3 9:30am**
- **St John Elementary School Carolers: 12/14 10:00am**
- **Annual Holiday Party: Friday 12/16 6pm**

## Management Team

**Administrator:**  
Scott Saunders

**Resident Services Director:**  
Kim LaRocque

**Dietary Supervisor:**  
Sissy Mlakar

**Activity Director:**  
Kathy Germano

**Weekend Supervisor:**  
Amy Jo Cruz

**Maintenance Technician:**  
Sissy Mlakar



# Mesa Vista News



Mesa Vista Assisted Living Residence 0072 E. Sipprelle Dr., Parachute, CO, 81635 (970) 285-1844 Fax: (970) 285-6351  
Email: MesaVista@seniorhousingoptions.org Website: <http://seniorhousingoptions.org/mesa-vista/index.html>

## New Website Launched Sept. 1st

Senior Housing Options is excited to announce the launch of our New Website! Our hope is that this will showcase our communities and let the public see how unique and special we are. SHO has been providing quality, affordable housing and caring supportive services to seniors and older adults in Colorado for over 30 years now. We are a nonprofit, charitable organization located in both urban and rural areas where our services are needed the most.

**RESPITE SPECIAL**  
Don't forget about our respite special ending this month. Buy two nights and get third night FREE! Do you need a break or want to do some shopping? Consider our services for your loved one. A safe, active place to be for the holidays. Limit 30 days. Call today!



## PAINTING PUMPKINS WITH MIDDLE SCHOOL STUDENTS

A fun time was enjoyed by all when the Grand Valley Middle School honor roll students joined us for some creative pumpkin painting



**Volunteer Today!**

- visit with residents
- share a craft you enjoy
- play an instrument
- teach our residents something new
- play cards

**Give the gift of time today!**

## Staff Spotlight: Sissy Mlakar



Sissy Mlakar manages both the dietary and maintenance departments in our community. "There aren't many people that could handle that kind of challenge" states our Adminis-

trator, "but Sissy's can-do attitude and desire to learn has given her an extensive skill set and strong work ethic. She never fails to impress me with her abilities and dedication... what a talented individual!"

In her free time, Sissy maintains an active outdoor lifestyle, enjoying hunting and snowmobiling.

Sissy continues to make great contributions to our community.

## Do you know someone who could benefit from Assisted Living Services?

We'd love to help! We currently have both studio and one-bedroom apartments available. Please contact us at

**A Senior Housing Options Residence**  
Website: [www.seniorhousingoptions.org](http://www.seniorhousingoptions.org)

**Mesa Vista Assisted Living  
A Senior Housing Options Residence**

0072 E. Sipprelle Dr.  
Parachute, CO 81635  
Phone : (970) 285-1844  
Fax: (970) 285-6351  
TDD: 1-800-659-2656  
Email: [MesaVista@seniorhousingoptions.org](mailto:MesaVista@seniorhousingoptions.org)

**Staff Email Addresses**

**Scott Saunders, Administrator:**  
[MesaVista@seniorhousingoptions.org](mailto:MesaVista@seniorhousingoptions.org)

**Kathy Germano, Activity Director:**  
[MesaVista@seniorhousingoptions.org](mailto:MesaVista@seniorhousingoptions.org)

**Kim LaRocque, Resident Service Director:**  
[MesaVistaRSD@seniorhousingoptions.org](mailto:MesaVistaRSD@seniorhousingoptions.org)



**Senior Housing Options is a 501 (c) 3 non-profit organization**  
Our Mission: To provide and promote quality affordable housing and services  
in a caring environment for older adults in Colorado.

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Parachute, CO 81635

**TO:**