

Cinnamon Park News



April Highlights

- Free Skin Cancer Screenings on 4/1 and 4/26.
- Music Therapy
- Ice Cream Social
- Chair Zumba
- Tap Class w/Sally
- Spa Day (4/22)
- Resident Volunteer Tea Party (4/22)
- Wii Sports
- Let's Take a Drive!
- Lunch - Red Robin and Spice China
- Shopping Trip to Wal-Mart and Dollar Tree
- Short Stories w/ Kari (Family Hospice)
- Men's Club
- Silver Creek Student Project
- Birthday Party w/ Take Note Choir
- Messiah Lutheran Children's Project
- Manicures
- Foot Clinic
- What is "Southern Hospitality"?
- Earth Day (4/22)
- And Bingo!!

The Importance of Volunteers

April 21-27th is National Volunteer Week. "Volunteers are essential to our recreation program" said Donna Lee, the Enrichment Coordinator at Cinnamon Park. "Our volunteers bring unique and special gifts to share". Volunteers give of themselves out of a personal desire to serve, to share their talent, and to bring joy to others. Their passion becomes an inspiration to others. We would like to take this opportunity to thank our volunteers and brag a little about what they do for us at Cinnamon Park.

Lauren Humdy is our Volunteer Coordinator. She volunteers her time to serve in this capacity. Additionally her mother lives at Cinnamon Park. For Lauren, volunteering has been an opportunity to not only serve her mother, but to reach out to others at Cinnamon Park. "It allows me to get to know the staff better and to know my mother's new friends better. Volunteering tells you a story you otherwise don't get to see and you would be surprised at how proud your family member will be". Lauren has been volunteering for the past three years and we thank her for her steadfast support and devoted service.

Our other volunteers include:

Deacon Bob from St. John the Baptist Catholic Church who has faithfully provided our residents with weekly communion services for many years.

Cindy Black, RN provides T.B shots to our new employees.

Dawn Emming and children, provide individual visits to our residents.

Glenn Vadd, a new volunteer will be leading our Men's Group.

Le Donahue helps out each Christmas and other times too. He was the emcee for our Christmas program two years in a row.

Meagan and Linda Fredrickson host lovely tea parties for our residents.

Marge Hagin, a volunteer for three years, plays the piano while residents enjoy a manicure. She is an excellent pianist!

Melisa Prieto has helped us with resident activities and administrative duties.

Mori Glidewell is the leader of the Swinging Seniors Rhythm Band.

Robert Diamond has been faithful in offering an uplifting worship service each Sunday for the past five years! Wow!

MaryAnn Johnson leads a Bible study each Thursday for the past three years.

Welcome to our newest volunteers, **Sibyl Goerner and Marcy Van Peurse**. They are currently completing their volunteer orientation.

And the list is not complete if we did not acknowledge the many residents who volunteer their time at Cinnamon Park.

Longmont Community Foundation Awards Grant to Cinnamon Park

Annually the Longmont Community



Foundation awards grants to nonprofit organizations that benefit the St. Vrain Valley, including Longmont and the surrounding areas. I am pleased to announce that Cinnamon Park was selected to receive one of these grants. We received \$1,700.00 to support improvements to our outside grounds.

This is our second year selling Easter Baskets as a fund raiser for the Activity Fund. We sold all our inventory this year and had a net gain of \$350.00. Donna Lee said she was pleased with the outcome and plans to expand production next year. Pictured in the photo is Lynne Davies and Gloria Kindelson, two residents who helped us with our Easter basket assembly and Aidan Sabo, our Easter Bunny who waved to passing motorists on Mountain View, encouraging our community to support our efforts. I hope we see him next year!



A Senior Housing Options Residence - A nonprofit serving for over 30 years!

Website: www.seniorhousingoptions.org

