



A Senior Housing Options Community

# Park Hill Residence News

1901 Eudora St. Denver CO 80220 Phone 303-388-9437 Fax 303-370-1063

[www.SeniorHousingOptions.org](http://www.SeniorHousingOptions.org)

## November 2017 Newsletter



It is traditional to show our appreciation for others during Thanksgiving, but don't let your display of appreciation end when dinner is over.

Here are some ways to express your thankfulness for all the good things in your life:

*Volunteer.* Finding a cause that resonates with you is the first step to giving back.

*Donate.* Canned goods, nonperishable items, Clothing that you are no longer using, donate to your local homeless shelter or think about helping at a special event such as

*Serving the homeless on Thanksgiving Day.*

*Reflect.* Alone, or with family and friends take a few minutes to reflect on all the blessings in your life. Whether big or small remembering all that you have to be thankful for

*Will help you pay it forward this holiday season.*

**Park Hill Thanksgiving Dinner Feast.**

**Which will be on Thursday, November 23<sup>rd</sup>, 2017 at 12:30 PM**

**If you would like to join us please RSVP with**

**Maria Ortega Activities Director @ 303-388-9437 #17**

**By November 10<sup>th</sup>, 2017**

### Upcoming Fun

11-3 10:00 Presidential  
Debate for Park Hill  
President

11-4 3:00 Presidential  
Debate -2

11-7 10:00 Park Hill  
Election for President

11-8 12:30 Trip To Wal-  
Mart/Smoker  
Friendly/Dollar Tree

**A Senior Housing Options Residence**

**A nonprofit serving for over 30 years!**

**Website: [www.seniorhousingoptions.org](http://www.seniorhousingoptions.org)**



### Our Wish List

*Soap, Shaving, shampoo  
Supplies, Nail polish,  
Digital Camera, IPOD or  
MP3 player, Art supplies*

## **Park Hill Assisted Living Residence Senior Housing Options**

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### **Staff Email Addresses**

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*Senior Housing Options  
is a 501 (c) 3 non-profit  
organization Our Mission:  
To provide and promote  
quality affordable housing  
and services in a caring  
environment for older  
adults in Colorado.*