

DECEMBER HIGHLIGHTS

- Craft & Bake Dec. 6th & 7th 10am- 5pm
- Glamour Shots-Dec 8th @ 3pm FREE
- Shopping @ Wal-Mart-Dec. 10th at 10am
- Wellness Clinic-Dec 11th 9am-11am
- Lunch @ Red Lobster Dec 12th
- Music Therapy-Dec 13th @ 10:30am
- Longmont Lights on Parade- Dec 14th, 4pm
- Family Christmas Program-Dec 15th, 2pm
- Holiday Cookie Bake Dec 16th at 2pm
- Chair Zumba-Dec 17th at 2pm
- Carols-Barbershoppers 12/17th
- Lunch at Old Chicago Dec 18th, 12noon
- Cards w/Martha-Every Thursday at 2pm
- Shopping at Dollar Tree -Dec 20th 3pm
- Resident Holiday Party Dec 23rd 10:30am
- Christmas Eve Service Time TBD
- Birthday Party-Laurie Dameron 12/26, 2pm
- African International Meal-Dec 27th @ noon
- New Year's Eve Dance w/Tom Yook Dec 30th
- New Years Eve Council Meeting-3pm
- Christmas Carolers
- Piano with Marge
- Manicures
- Foot Clinic
- Get Fit



Cinnamon Park News



WINTER 2013

'Twas the Night Before Christmas....

Cinnamon Park will perform one of America's most beloved Christmas poems, "Twas The Night Before Christmas" on December 15th. "This is our gift to our families and friends", said resident Diane Vanderpool who will narrate this poem. The cast is made up of residents, staff and volunteers. Various groups and individual cast members will act out this delightful holiday poem. Performances will include, The Cinnamon Park Bell Choir, Sally's Tap Dance Team and a dance performance from the Longmont Ballet students.

The residents began work on this holiday production over 6 months ago. With staff assistance, they choreographed each aspect of the production.

Bring the children as Santa would love to visit with each one. Mark your calendars for Sunday, December 15th at 2pm in Sunny Haven.



Cinnamon Park Assisted Living Residence
 1335 Cinnamon Street; Longmont, CO. 80501
 (303) 772-2882 Fax: (303) 772-8318

Information about Residency: www.seniorhousingoptions.org



Join in the shopping fun at Cinnamon Park's 20th annual Holiday Craft and Bake Sale. Handmade crafts include vintage rag dolls, ornaments, crocheted handicrafts and gingerbread houses.

Delicious homemade goodies include; decorated suckers, fudge, candy cane hot chocolate, cinnamon sugared pecans and breads.

Friday, December 6th and Saturday, Dec 7th
10 am to 5pm



Kari Scott with Family Hospice has been helping our residents make these beautiful vintage rag dolls for the craft fair.

Volunteer Reindeer Needed



We still need 6 more volunteers to walk in the Longmont Parade on December 14th. The Cinnamon Park bus will be decorated as Santa's sleigh, residents get to ride and the reindeer lead. It's loads of fun!!!!

A Senior Housing Options Residence-A non-profit serving the community for over 30 Years
www.seniorhousingoptions.org



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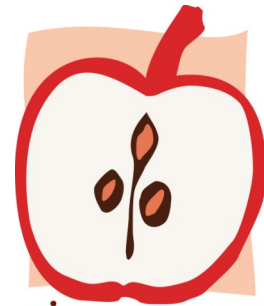
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assisted living

Senior Housing Options is a 501 (c) 3 non-profit organization
Our Mission: To provide and promote quality affordable housing and services

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1335 Cinnamon St.
Longmont, CO, 80502

TO: