



MESA VISTA ASSISTED LIVING RESIDENCE

Consumer Information Statement

Residence Information:

Owned and operated by:	Senior Housing Options, Inc.
Ownership type:	Private non-profit 501(c) (3) charitable organization
Executive Director:	Teri Whelan
Residence Administrator:	Scott Saunders
Address:	0072 Sipprelle Drive Parachute, Colorado 81635
Phone:	970-285-1844
Fax:	970-285-6351
Email:	mesavista@seniorhousingoptions.org
Website:	www.seniorhousingoptions.org
Number of Units:	40
Unit types:	Private studios and one-bedrooms All private baths

Payment Information:

Payment:	Due in advance of move-in and by the 5th of each month thereafter
Rate Structure:	Security Deposit Required See Rates and Services List Private Pay & Medicaid Home and Community Based Services-MI & EBD Approved Waivers accepted

Who is Eligible for Residency?

Our services are available to disabled older adults and seniors who need supportive services-skilled nursing services are not provided.

To qualify, individuals:

Must be independently mobile

Must be able to manage own bowel & bladder needs, or Service Level 3
May not be impaired, confused or violent to the extent that basic communication is not possible or there is danger to self or others
May not have an infectious disease
Must be able to meet their own personal hygiene needs with reminders or limited assistance
May not have a physical illness or substance abuse problem which cannot be managed
May not require chemical or physical restraints at any time
If needed, must be able to complete finger sticks, draw up insulin, and give own injections, unless an external provider is able to do this
May not require a therapeutic diet (except texture changes)
May not require routine assistance with mobility or transfers from sitting to standing, bed to chair, etc.
Must manage own catheter or colostomy care if needed

Services included in the basic monthly rate:

Meals

Breakfast, lunch and dinner served in the dining room daily
Snacks available
Therapeutic diets are not available
Guest meals available for an extra charge

Housekeeping

Trash emptied daily
Weekly room cleaning
Monthly deep cleaning

Laundry Services

Personal laundry and linen service weekly

Medication Administration

Up to 10 routine medications administered by qualified medication administration persons (QMAP) according to physicians' orders. QMAPs may not administer injections, tube feedings, psychotropic medications on a PRN (as needed) basis, or other skilled services.

Room Amenities

Emergency Response System in room and bathroom
Private bathroom (walk-in shower, toilet, sink)
Kitchenette with cabinets, sink, refrigerator & microwave
Carpeting
Water, gas, electric and cable TV service included in fees
Lockable door
Furnishings may be provided if needed

Transportation

Our staff can assist with arrangements for transportation to medical appointments.
We offer medical transportation for an additional fee.

Social/Recreational Activities

Exercise program, developed by physical therapist
Outings, games, music programs

Bus outings
Full monthly social calendar

Personal Care Services

Monitoring of health status and coordination of health related services is provided for all residents as needed.

Services are based on an individualized resident care plan and may include assistance or reminders for bathing, dressing, hair and nail care, shaving, dental hygiene, health related appointment management, and oxygen use.

Reminders for meals, medications, activities are provided occasionally as needed. Individuals must be independently mobile and self-manage bowel and bladder care.

Facility Amenities

Beauty salon/barber/spa
Flower and vegetable gardens
Recreation/activity room
Private dining room
Living Rooms/Sun room
Courtyard Patio
Gazebo & fish pond
Dining room with natural light and beautiful views
Outdoor walking path

Staffing Patterns and Protective Oversight

Awake staff is available 24 hours a day for protective oversight and emergency response.

From 6 AM until 6 PM there is at least 1 staff present for each 10 residents.

These might include the administrator, cook, maintenance supervisor and personal care providers, at least one of whom is trained to administer medications and is certified in first aid. From 6 PM to 6 AM there is at least 1 staff member present for every 16 residents, at least one of whom is trained to administer medications and is certified in first aid.

Pets allowed with approval (deposit required)

Service/Companion Animals welcome with certain conditions

Smoking

Smoking is allowed in a designated in-door smoking area only. Residents are assessed upon admission and regularly thereafter to assure they are able to handle smoking materials safely.

Physical Environment Safety Features

- ✓ Automatic fire alarm system and pull system
- ✓ Automatic fire sprinklers
- ✓ Emergency Response Call System
- ✓ Outdoor access door alarms
- ✓ Front doors locked after hours

Move Out Information:

We may terminate our occupancy agreement upon 30 day notice in writing for the following reasons:

- We are no longer able to meet your identified needs.
- You have failed to fulfill your financial obligations to us.
- We cannot protect you from harming yourself or others.
- You fail to comply with the Resident Occupancy Agreement, including house rules.

Exceptions to the written 30-day notice policy include:

- a medical emergency, or
- when we are not able to prevent you from harming yourself or others.
- changes in your medical condition require an increase in care necessary to protect your health and safety
- requests from you or your representative for additional services to be added to your Resident Care Plan.

Discharges shall be coordinated with the resident, the resident's family or legal representative or other agency as needed.

Make a Difference in the Life of an Elderly Person.

Remember Mesa Vista when choosing to make a charitable donation.

Mesa Vista is operated by Senior Housing Options, a non-profit, 501(c) (3) charitable organization. In addition to Mesa Vista, we operate thirteen residences for seniors and for older adults with disabilities in Colorado.