



## Cinnamon Park Administrator: Debbie Setlock

Debbie Setlock has worked with Senior Housing Options since 1992. She is the administrator of SHO's assisted living property Cinnamon Park in Longmont, Colorado.

Prior to joining SHO, Debbie was the Administrator of a Denver area long-term-care facility. She received her Bachelors of Science degree from Fort Lewis College and her Master's degree from the University of Northern Colorado.

Debbie takes pride in providing exceptional care to her residents, building, and maintaining a cohesive staff who fosters a supportive environment, nurturing a resident-empowered philosophy.

Debbie maintains her work-life balance with daily workouts at the gym and time with her family; husband George and son Tyler. She also enjoys the outdoors- hiking, camping, and biking. Debbie is also active in the Longmont Rotary, her faith community, and is an aspiring yoga student.