



Madison House FAQ

- **What is assisted living?**

Assisted living is very different from a nursing home. Residents are able to participate in planning their daily activities according to their own interests and needs. Although they may need some assistance with dressing, bathing or other personal activities, they retain their dignity and independence. Resident centered plans of care are built on strengths and clearly identify how and when assistance is needed. Assisted living residences are licensed by the State Health Department and receive regular assessments of levels of safety, care and services.

- **What is included in the rent payment?**

Basic support services include home-cooked meals, snacks, housekeeping, laundry and activity programming. Medication monitoring or administration is provided according to individual need. Residents must be independently mobile. We will remind residents of meals, activities, personal care, help them get dressed, and help them with their showers. Please see the Consumer Information Sheet for more details.

- **How much is the rent?**

Effective March 1, 2016, room, board and services base rates for a small private room are \$3,175/month, a large private room are \$3,350/month and a companion room are \$2,975/month. These amounts include all of our base rate services. Additional levels are available for additional fees. We accept Private Pay, Total LTC and Medicaid Approved Waivers. If you qualify for Medicaid waiver your rent is determined by your income. See the Rate Sheet and Guide to get help from Medicaid for details.

- **Does Medicare pay for assisted living?**

No, Medicare does not pay for assisted living services. Assisted living is either private pay by the resident or family or by the Colorado Medicaid Waiver program, although residents are still responsible for their portion of the room and board. Long

term care policies are becoming more common and can help pay for assisted living. Medicaid is a State program for those residents who financially and functionally qualify. See the Guide to Help You Pay for Assisted Living located on the Senior Housing Options website under the resource center tab for more information. (www.seniorhousingoptions.org)

- **Is Veteran's Assistance available?**

Veteran's Assistance may be available for veterans and their spouses living in an assisted living community. To qualify, a resident must have been honorably discharged and served 90 days on active duty with at least one of those days served during wartime. For more information, call the Veterans Hotline toll free number 800-252-8387. For more information, visit the VA Aid & Attendance information on the resource center tab of our website.

- **What kinds of support services are offered?**

Support services such as home health nurses, physical therapists, occupational therapists, hospice services and counseling are coordinated in an atmosphere that promotes a personal sense of safety and well-being. Your personal physician decides which services are appropriate and we will make the arrangements.

- **What types of accommodations do you have?**

We have semi-private, small private and large private rooms. All have private bathrooms. Most have doors leading to outside patios. There are free cable hook-ups in each room. Residents may have their own phones with private lines. Common areas are available for socialization, activities, and visiting with family and friends.

- **How do I have my phone installed?**

Call Century-Tel (800-244-1111) and tell them your room number. If your home number is a Cortez number, the phone company can transfer that number here.

- **How many residents do you have?**

We have 26 residents. That number may vary, depending upon how many share rooms, or if we have any vacancies.

- **What types of activities do you offer?**

We have daily exercise class, bingo, bible class, Reminisce discussions, crafts, movies, picnics, outings, music programs, drawing, painting, gardening, walking, singing, Karaoke, games, including Wii, special events, and anything else that anyone wants to do!

- **Are any of my expenses tax deductible?**

Some or all of your personal care expenses or assisted living expenses may be tax deductible as medical expenses if you and/or your family meet certain criteria. For more information, see IRS publication 502 available at www.irs.gov or by calling 1-800-829-3676.

- **Can I get help with medication administration?**
 Qualified Medication Administration personnel may administer or assist the resident in administration of medication according to the care plan and doctor's orders. All QMAP staff shall pass the Colorado State required training program prior to providing medication administration or assistance. We have an electronic medication system to help reduce medication errors and increase the safety of administration.
- **What is the age range for living here?**
 Generally we accept residents **62 or older** but our Administrator can certainly evaluate resident applications on a case-by-case basis.
- **May I bring my own furniture?**
 Certainly! Depending on the size of your room, you may decorate it with your own furniture and pictures. We have twin beds, bedside tables and dressers available if you wish to use them.
- **May I come and go as I please?**
 Yes. All we ask is that you let us know by signing out when you leave the building.
- **When are mealtimes?**
 Breakfast is served from 7 a.m. to 9:30 a.m. Lunch is at noon, and supper is at 5 p.m. Snacks are at 9:30 a.m. and 3 p.m. and you can ask for snacks in the evening, or whenever you're hungry, twenty-four hours a day!
- **May I have guests for meals?**
 Yes, family and friends are welcome to join you, because this is your home and inviting family to dinner is one of life's enduring pleasures. Guest meals are \$5.
- **Do you have a beauty shop?**
 Yes, Annette Davis is here each week to shampoo, cut, style and perm your hair for a very reasonable price.
- **Do you provide transportation?**
 We will arrange transportation when needed. Montezuma County has a wonderful senior bus service. We have a spacious, wheelchair-accessible van for outings.
- **Do we accept pets?**
 We accept service and companion animals, and pets. The resident has to be capable of taking care of the animal. Arrangements need to be made with the Administrator.
- **Can I smoke?**
 We have two smoking designated areas outside the building. There is no smoking allowed anywhere in the building.

- **What are house rules?**

These rules should address at a minimum smoking, cooking, protection of valuables on premises, visitors, telephone usage, use of common areas including the TV and radio, consumption of alcohol, dress, and pets.

Probably the *most* frequently asked question:

- **What criteria is used to determine a prospective resident's eligibility?**

Because we are *not* a nursing home, a certain level of independence is necessary. Residents must be able to ambulate, whether with a cane, walker or wheelchair. If in a wheelchair, they must be able to transfer to the bed and toilet independently. If incontinent, they must be able to manage their incontinence products.

Of course, every person is different, and we evaluate everyone individually. We realize how much people value their independence. Residents will receive assistance and care that allows them to retain a sense of independence and a lifestyle that is uniquely their own. Please see the Consumer Information Statement for more details.

Check out our website for more details at www.seniorhousingoptions.org

How do I find a list of licensed assisted living residences and alternative care facilities (accept Medicaid waivers)?

Go to the State Department of Health website below

<https://www.colorado.gov/pacific/cdphe/hfems>

You will also find inspection and occurrence findings, a directory, licensing and Medicaid certification regulations and additional consumer resources such as how to choose an assisted living.

Or go to the Department of Human Services website below to find out about services by county, and apply for Medicaid benefits online.

<http://www.colorado.gov/cs/Satellite/CDHS-Main/CBON/1251575083520>