



## **CINNAMON PARK ASSISTED LIVING RESIDENCE**

### **CONSUMER INFORMATION STATEMENT**

#### **Residence Information:**

Owned and Operated By:	Senior Housing Options Inc.
Ownership Type:	Private, non-profit 501 (c) (3) charitable organization
Executive Director:	Teri Whelan
Residence Administrator:	Debbie Setlock
Address:	1335 Cinnamon St., Longmont, CO 80501
Phone:	303-772-2882
Fax:	303-772-8318
Email:	<a href="mailto:cinnamon@seniorhousingoptions.org">cinnamon@seniorhousingoptions.org</a>
Website:	<a href="http://www.seniorhousingoptions.org">www.seniorhousingoptions.org</a>
Number of Units:	40
Unit type:	Private and companion bedrooms with private half baths

#### **Payment Information:**

Payment:	Due in advance of move-in and by the 5th of each month thereafter
Rate Structure:	Security Deposit Required See Rates and Services List Private Pay & Medicaid Home and Community Based Services-MI & EBD Approved Waivers accepted

#### **Who is Eligible for Residency?**

**Our services are available to disabled older adults and seniors who need supportive services-skilled nursing services are not provided.**

## **To qualify, individuals:**

Must be independently mobile

Must be able to manage own bowel & bladder needs, or Service Level 3

May not be impaired, confused or violent to the extent that basic communication is not possible or there is danger to self or others

May not have an infectious disease

Must be able to meet their own personal hygiene needs with reminders or limited assistance

May not have a physical illness or substance abuse problem which cannot be managed

May not require chemical or physical restraints at any time

If needed, must be able to complete finger sticks, draw up insulin, and give own injections, unless an external provider is able to do this

May not require a therapeutic diet (except texture changes)

May not require routine assistance with mobility or transfers from sitting to standing, bed to chair, etc.

Must manage own catheter or colostomy care if needed

## **Services included in the basic monthly rate:**

### **Meals**

Breakfast, lunch and dinner served in the dining room daily

Snacks available

Therapeutic diets are not available

Guest meals available for an extra charge

### **Housekeeping**

Trash emptied daily

Weekly room cleaning

Monthly deep cleaning

### **Laundry Services**

Personal laundry and linens service weekly

### **Medication Administration**

Medications are administered by qualified medication administration persons (QMAP) according to physicians' orders. QMAPs may not administer injections, tube feedings, psychotropic medications on a PRN (as needed) basis, or other skilled services.

### **Transportation**

Our staff can assist with arrangements for outside transportation to medical appointments

Local shuttle is also available at a cost

### **Room Amenities**

Emergency Response System in room and bathroom

Water, gas and electric included in fees  
Wiring for cable TV, antenna and private room phone  
Lockable door and locking storage cabinet  
Cable Television located in the common areas  
Furnished rooms available

### **Social & Recreational Activities**

Wellness program including exercise, educational and specialty programs  
Group activity outings, games, music programs  
Full Monthly activity calendar  
Bus outings

### **Personal Care Services**

Monitoring of health status and coordination of health related services is provided for all residents as needed.  
Services are based on an individualized resident care plan and may include assistance or reminders for bathing, dressing, hair and nail care, shaving, dental hygiene, health related appointment management, and oxygen use.  
Reminders for meals, medications, activities are provided occasionally as needed.  
Individuals must be independently mobile and self-manage bowel and bladder care.

### **Facility Amenities**

Living room areas (including complimentary phone access)  
Attractive dining room with natural light  
Outdoor walking path  
Flower and vegetable gardens  
Quiet residential neighborhood  
Close to neighborhood shops and restaurants  
Beauty/barber shop

### **Staffing Patterns**

Awake staff is available 24 hours a day for protective oversight and emergency response. In addition, there is also an on call staff member on the property.  
From 7 AM until 7 PM there is at least 1 staff present for each 10 residents. These might include the administrator, cook, maintenance supervisor and personal care providers, at least one of whom is trained to administer medications and is certified in first aid. From 7 PM to 7 AM there is at least 1 staff member present for every 16 residents, at least one of whom is trained to administer medications and is certified in first aid.

### **Pets allowed with approval (deposit required)**

Service/Companion Animals allowed with certain conditions

### **Smoking**

Smoking is allowed in a designated smoking area only. Residents are assessed upon admission and regularly thereafter to assure they are able to handle smoking materials safely.

### **Physical Environment Safety Features**

- ✓ Automatic fire alarm system and pull system

- ✓ Automatic fire sprinklers
- ✓ Emergency Response Call System
- ✓ Outdoor access door alarms
- ✓ Front door locked after hours

### **Move Out Information:**

We may terminate our occupancy agreement upon 30 day notice in writing for the following reasons:

- We are no longer able to meet your identified needs.
- You have failed to fulfill your financial obligations to us.
- We cannot protect you from harming yourself or others.
- You fail to comply with the Resident Occupancy Agreement, including house rules.

You may terminate this agreement with a 30 day written notice.

Exceptions to the written 30-day notice policy include:

- a medical emergency, or
- when we are not able to prevent you from harming yourself or others
- changes in your medical condition require an increase in care necessary to protect your health and safety
- requests from you or your representative for additional services to be added to your Resident Care Plan.

Discharges shall be coordinated with the resident, the resident's family or legal representative or other agency as needed.

Make a Difference in the Life of an Elderly Person.

Remember Cinnamon Park when choosing to make a charitable donation.

Cinnamon Park is operated by Senior Housing Options, a non-profit, 501(c) (3) charitable organization. In addition to Cinnamon Park, we operate thirteen residences for seniors and for older adults with disabilities in Colorado.