



Cinnamon Park News

FEBRUARY 2014

MONTHLY HIGHLIGHTS

- Feb 2nd-Superbowl Party
- Feb 3rd-Make Valentine Sacks
- Resident lead Bingo weekly
- Tap Class- Feb 5th and 19th
- Feb 6th-Shopping @ Walmart
- Feb 7th-Sing-along
- Memory Monday's @ 10am
- Community Talks -4th, 10th
- Feb 11th-Valentine Cookies
- Feb 12th-Wii Bowling
- Lunch @ Las Palmares Feb 13
- Music Therapy- 14th & 28th
- Valentine Party- Feb 14th & Dinner Love songs w/Leo
- Men's Corner- Feb 17th
- Lunch @ Red Robin- Feb 18th
- Complimentary Manicures
- Get Fit Workout Classes
- Expert Story Teller- Feb 26th
- Swingin' Seniors Rhythm Band on Feb 24th
- Community Tea Party
- Shopping @ Dollar Tree-26th
- Chair Zumba- Feb 27th
- Resident & Staff Birthday Party on Feb 28th, 2pm
- Resident & Family Council Meeting, Feb 27th at 6:30pm in Sunny Haven.
- Saturday Movies
- Foot Clinic Feb 4th and 18th
- Short Stories w/Kari-Feb 20th



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Got Culture Change?

We are pleased to announce that Cinnamon Park has been included in a pilot program funded by the Colorado Health Foundation, providing technical assistance in promoting "culture change" principles into the life and operations of Cinnamon Park. This pilot project, specifically directed at Medicaid assisted living residences, provides personal consultation from the Colorado Culture Change Coalition. Included in the contact is regular team meetings with staff and residents, educational sessions, participation in collaborative workshops and evaluation criteria. The lead consultant, Carmen Bowman and resident-centered care guru, Penny Cook, Executive Director of the Colorado Culture Change Coalition will help us on this journey of transformation.

So, what is "culture change" you ask? Sometimes referred to as "resident-centered care", the focus and programming centers on the resident. Decisions are less "top-down", but rather conscious effort and authority is facilitated to those we serve and the direct service staff who provide the services.



This is an emerging model of care, active in hospitals and long term care facilities. Many experts say it's the new face of health care in the 21st century.

So what may change at Cinnamon Park? Unknown at this time, but it will start with asking questions, assessing preferences, reviewing our historical practices and working to achieve a home that does arrive at that highest level of comfort, warmth and satisfaction for our residents. A journey always, changing based upon the clients that we serve.

The Resident Council meeting for February will be held in the evening this month, to encourage families and other guests to attend. We want to visit with you and discuss some of the ideas already flowing from our residents and staff. The Resident Council meeting will be held on Feb 27th at 6:30pm.

New Staff Positions

Trish Gackstetter accepted the additional role as Personal Care Provider Trainer. She is not new to assisted living and is passionate and skilled in her ability to offer our staff that supportive edge in assuring a quality standard in care and service.

Janell Kennedy is our new Resident Program Coordinator (aka Activity Director). She will begin assuming this full time role as she transitions out of her role as Personal Care Provider.



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