



What's Happening this Summer?



Summer Edition 2013
www.seniorhousingoptions.org

Cinnamon Park Newsletter

Senior Housing Options employees had a dominate presence at the recent Culture Change conference held in Denver this June. This conference, sponsored by Colorado Accord and The Colorado Culture Change Coalition is a movement within health care designed to foster person-centered care, a term growing in familiarity and trend. More specifically the movement emphasizes resident choice, respect, self-determination and purposeful living. These principles are being adopted in hospitals, long term care facilities and assisted living.

Current health care still has its origin in a post WW-II institutional model, with a top-down management philosophy. It is only in recent decades that companies have engaged in self-directed teams, or other such practices that empower employees to make important decisions designed to support the needs of the customer.

Person-centered care puts the resident at the heart of the organizational chart. The emphasis is creating conditions for staff to feel empowered to solve problems, moving from a "telling approach" to a "coaching approach".

Instead of the term, "a home-like environment" the challenge is to make Cinnamon Park, "a real home". Some already say Cinnamon Park is "a real home". I think Cinnamon Park does have many resident-centered principles, but I see lots of wonderful

potential for further growth as we continue to adopt these principles.

I really love this model of thought as it resonates with how I believe elders should be treated. I also admit that I suffer from "institutionalitis", (I just made that word up). I sometimes say "it can't be done because it won't be fair to others" or "the rules won't allow it". The change of a culture/community is a gradual walk, one step at a time, taking the courage to try new approaches, honoring the core principle of respect, listening and collaboration. Here's to the journey!

-Debbie Setlock

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A Senior Housing Options Residence. A nonprofit serving Colorado for over 30 years!



WE ONLY NEED THREE BONES

- Our Funny Bone
- Our Back Bone
- Our Wish Bone



By: Sarah Rowan.

Her mother taught her at an early age this importance principle and it helped her navigate the many features of this thing called life! Sarah said we need all three and they need to be honed daily.



Annual Cinnamon Park Rummage Sale

Friday and Saturday
July 26th and July 27th

9am to 5pm

This annual event raises funds for our Resident Activity program. We greatly appreciate donations. Our most successful sale items are furniture, house wares and books. Donations can be brought anytime the week of the event. We also pick up!



Join us on August 24th, Saturday for a day of planting, weeding and landscape remodel in our flower beds and in the front of Sunny Haven.

Bring gloves, sunscreen and garden tools if you have some. We will provide lunch, snacks and beverages. Come all day or for a short time.

Questions/RSVP can be directed to Donna Lee at (303)-307-3918.