



Park Hill News



Park Hill Assisted Living Residence 1901 Eudora, Denver, CO, 80220 (303) 338-9437 Fax: (303) 370-1063

Email: ParkHill@seniorhousingoptions.org Website: <http://seniorhousingoptions.org/park-hill/index.html>

Activity Professionals Week

SPRING 2011

Upcoming Events

- 2/9 Black History Month Celebration Party
- 2/18 February Birthday Party & Meal
- 3/18 Irish Step Dancers
- 3/25 March Birthday Party & Meal
- 4/22 April Birthday Party & Meal

2040 Neighborhood Health Summit

Park Hill attended the 2nd Summit on Feb 5th to learn how we can help to improve the health and health care in the five neighborhoods (NW Aurora, East Montclair, Stapleton, Park Hill, & NE Park Hill) where our residents and staff live.

For more information:

www.2040partnersforhealth.org

What do "Activities" mean? The definition of "Activity" is: "the state of being active" (Webster, 2011). What is being "active"? Webster defines it as "taking part in an activity or being engaged in something" (2011).

We hope that our residents will be engaged and active in our activity programs here. We have some fun, exciting events planned for the upcoming months. It is our goal to improve each resident's quality of life and provide opportunities and choices of things to do. Residents can have opportunities to continue lifelong activities and try new things as well.

Most of us enjoy eating out, shopping, reading, movies, and other

social events. It is also our goal to engage residents in meaningful events within the community at large.

Our new Activity

Director, Amy Gilmore, has been meeting with the residents to discuss their preferences. Resi-



dents suggested additional outings and brainstormed some other new ideas. We welcome Amy as our new leader in the activity program.

Activities Professional Week was Jan. 16-21, 2011. We recognized all of the staff who work hard to ensure a high

quality of life at our residence. We have also recently implemented a new resident questionnaire. This helps us get to know each residents' preferences and routines in more detail.

Residents celebrating their birthdays also get to select a special meal. Together the Dietary Manager and Activity Director work to prepare this special meal for all.



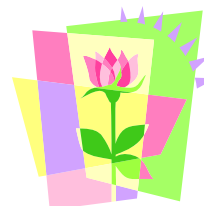
Life Safety Inspection

After our recent Life Safety Inspection, we have been developing a liquid oxygen filling room.

This room will be designated for safe storage and the filling of liquid oxygen tanks for our residents who use oxygen. Our room must

be completely fire resistant and ventilated at all times. Instead of taking away a resident or public restroom, we have decided to renovate one of our basement storage closets. This may be inconvenient for staff when they have to fill the tanks but we felt it was best for all involved.

Planned completion date is scheduled for March 1st.



A Senior Housing Options Residence

Website: www.seniorhousingoptions.org

**Park Hill Assisted Living
A Senior Housing Options Residence**

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Senior Housing Options is a 501 (c) 3 non-profit organization

Our Mission: To provide and promote quality affordable housing and services
in a caring environment for older adults in Colorado.



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TO: