

Park Hill Residence Newsletter

Fall/Winter 2009

Wow! I cannot believe it is this busy time of year already. Where has time gone? Before we know it, Thanksgiving, Advent, Hanukkah, Christmas, and New Year's Eve will be past and we will be well into 2010.

Throughout the last year, we implemented yearly care conferences. We have attempted to meet with all family members and loved ones at least on a yearly basis and upon condition change. This has been a huge asset to the communication of all involved, especially the residents. This is a time when we discuss goals, medical problems, activities, dietary, advanced directives, and many other things with myself, Susan (Resident Services Director), the resident themselves, case managers, and their loved one(s). It has shown to be an invaluable time for all involved. Thank you to each person who attends; your support is what makes these care conferences successful.

Please join us for our **Annual Holiday Resident/Family Party**. This year it will be held on **Tuesday, December 8, 2009 at 5:30 P.M.** We will be doing something different this year: a formal, candlelight dinner with Prime Rib, Baked Potatoes, Steamed Vegetables, and other delicious food and drinks. At **6:30 P.M.** we will be having an entertainer with some music, light dancing and fun. We ask that if you are able to please bring donations of canned goods. These donations will go to the Park Hill Food Bank. **We hope to see you there with us! Please R.S.V.P. to Sherrie or Iva at 303-388-9437 by December 4th.**

We are again very thankful to have the Colorado Division of Housing (Department of Local Affairs) group to donate gifts this holiday season to our residents. This is the 4th year they are doing this and we are so appreciative of the gifts and time they share with us. We are especially thankful for their recent donation of **\$20,000** to the facility! We used this grant to purchase new dining room chairs (which are beautiful, I might add) and new mattresses for most of our residents. We also received new bedding, pillows, and other linens from this generous donation.

On November 10, 2009, we received our Annual Survey from the Colorado State Health Department. I am very proud to say that we received no deficiencies during this process!! I want to say "thank you" to our amazing staff and volunteers for the wonderful, compassionate care given to each resident every day. I am very proud of the teamwork that is displayed each and every day at Park Hill Residence. I hear often how evident that is to others as they visit. Please take the time to thank our staff by a card of thanks, a pat on the back, and any form of appreciation.

As always, if you feel inclined to give a gift, please consider our policies. We do not allow for staff to accept individual gifts or gratuities from the families/residents. We have always enjoyed the holiday treats that families give us during the holidays and certainly a card or note can speak volumes. In the past, Park Hill Residence has received donations specifically for our staff; those donations are then shared equally with each staff member. Other donations are appreciated as well, whether for something specific or not. If you feel inclined to donate, please direct all donations to the management staff, so everyone can be treated equally and you will be given the appropriate thank you, as well. As always, thank you for your ongoing support.

--Iva Prinsen, Administrator

ACTIVITIES AT PARK HILL RESIDENCE

Entertainers and other visitors included some of the following: Sunshiner's with Amy T., Don Garcia, Marie & Sandy's Patriotic Music, Stuart Simon, George ML's Slides, Sing A-long, our own Talent Show & Staff Appreciation Party, Deacon Timothy and the Center of Light Church group, Visits from Pastor Dave, Dr. Anne Rice-Jones, Chess w/ Will, Bingo w/ Nick & Aiden, AARP Entertainment and visitors, Art in the Park w/ Forrest, "Beignet" the French Bull Dog, and visits from Sam and Monica.

We have gone on many outings including: IMAX Theater, Wal-Mart, Assistance League for lunch and entertainment, Tiffany Plaza, Barry's Bingo Hall, Botanical Gardens, Rockies Game, Golden Gate State Park, Country Buffet, Vintage Motorcycle Museum, Hopes Float Boat Outing, a pumpkin patch, Barnum & Bailey Circus, Young at Heart Concert, and the Historic Molly Brown House.

Many special events were celebrated here as well. Cinco de Mayo Party at Lunch after making the Piñata, Baked Potato Bar, Salad Bar, Ice Cream Socials, Baking several times, our Luau Celebration during National Assisted Living Week, Built a scarecrow, decorated pumpkins, roasted pumpkin seeds, decorated cookies, and played musical bingo for something new!! We are anticipating a busy and fun holiday season here at Park Hill as we prepare and start to decorate.

STAFF SPOTLIGHT

My name is Sherrie Gates. I am the Activity Director at Park Hill Residence and drive the bus for outings for other Senior Housing Options (Denver properties). I grew up in Nebraska and Colorado. I have two daughters who are both married to lovely son-in-laws and have three beautiful grandsons.

In my spare time I love to travel and learn about other countries and their foods. I love camping, hiking and sailing. We are also building a cabin, which keeps me busy on the weekends.

My favorite part about working at Park Hill Residence is the caring group of people here. I also like it that we have a large variety of craft items to work with (I love doing crafts!)



NEW FACES AT PARK HILL RESIDENCE

We have a few new faces at Park Hill Residence. We would like to welcome **Zinaida Bilys, Arthur Prostkoff, James Simmons and Mary Winkel** to their new home!!



We would also like to recognize our new staff. **Zeinab Abdullahi** works the Evening Shift. **Tyiesha Carter and Erin Heidebrecht** work the Nightshift. **Gaynell Weber** has joined our team and is on-call.

“Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has.”

—Margaret Meade

Farewell

We send our farewell wishes with the residents who have moved to other facilities: **Lendora Head, Diane Hom and Gregory Warn**. We wish you health and safety in your new homes.

ANNUAL HOLIDAY PARTY

**Prime Rib, Candlelight, Dancing,
Music, Laughter, Great Food**

Tuesday, December 8th we will host our **Annual Resident/Family Holiday Party** beginning at **5:30pm.**

Please **R.S.V.P.**

**To Sherrie or Iva at
303-388-9437 by December 4th.**



During this holiday season of giving, we are taking non perishable canned and dry food donations for the Park Hill Food Bank.

Here are a few types of non perishable canned and dry goods that make nice donations: Tuna, ham, beef stew, chili, baked beans, fruit, vegetables, peanut butter, jelly, soup and pasta.

Non-glass containers are preferred.

Please bring items to our facility anytime from December 1st through December 18th.



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Senior Housing Options owns and manages Park Hill Residence. We are a 501(c)(3) charitable non-profit organization. Donations can be given anytime, in any form, as well as your time as a volunteer. Please consider us when giving to your favorite charitable organization.

Park Hill Residence Management Team

Senior Housing Options
303-595-4464

Iva Prinsen, Administrator
Susan Traywick, Resident Services Director
Velida Brkic, Dietary Manager
Sherrie Gates, Activity Director
Jeff Hansford, Maintenance