

Week 5

Park Hill Residence

Week of: May 2 to May 8, 2010

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	Grits or Cold Cereal Bacon Fruit Yogurt Cinnamon Toast Toast & Jelly Fruit Juice	Cream of Wheat or Cold Cereal Scrambled Eggs Pineapple Toast & Jelly Fruit Juice	Oatmeal or Cold Cereal Poached Eggs Corn Beef Hash Toast w/ Jelly Fruit Juice	Malt O Meal or Cold Cereal Pancakes Fruit Toast w/ Jelly Fruit Juice	Cream of Wheat or Cold Cereal Omelet Hash Browns Toast w/ Jelly Fruit Juice	Oatmeal Or Cold Cereal Scrambled Eggs Bacon Toast w/ Jelly Fruit Juice	Malt O Meal or Cold Cereal Egg Patties Link Sausage Toast w/ Jelly Fruit Juice
LUNCH	Roast Beef Mashed Potatoes Green Beans Cookie Salad Beverage	Sloppy Joes Green Beans Fries Pound Cake Salad Beverage	Baked Chicken Parsley Potatoes Mixed Veggies Bread & Butter Dessert Salad Beverage	Beef Casserole Peas Bread & Butter Jello Salad Beverage	Catfish Carrots Rice Rolls Dessert Salad Beverage	Salisbury Steak Au Gratin Potatoes Corn Bread & Butter Cake Salad Beverage	Chicken Potstickers Soy Sauce Broccoli Bread & Butter Salad Dessert Beverage
DINNER	Chef's Salad Cottage Cheese Roll Dessert Beverage	Soup Crackers Carrots Applesauce Beverage	Chicken & Dumplings Chips Mixed Veggies Peaches Beverage	Ham Rolls Bread & Butter Pickles Chips Choc. Pudding Beverage	Grilled Cheese Sandwich Vegetable Soup Crackers Tapioca Pudding Beverage	Corn Dogs Salad Fries Cookies Beverage	Chicken Noodle Soup Crackers Bread & Butter Fruit & Cottage Cheese Beverage
SNACK	Canned or Fresh Fruit Nutrition Bars Sandwiches Beverages	Canned or Fresh Fruit Nutrition Bars Sandwiches Beverages	Canned or Fresh Fruit Nutrition Bars Sandwiches Beverages	Canned or Fresh Fruit Nutrition Bars Sandwiches Beverages	Canned or Fresh Fruit Nutrition Bars Sandwiches Beverages	Canned or Fresh Fruit Nutrition Bars Sandwiches Beverages	Canned or Fresh Fruit Nutrition Bars Sandwiches Beverages

** Fruit Available for Nutritious Snack at all times.